General Security Recommendations

1. Do not make yourself stand out while pursuing activities in Stockholm: do not travel in large groups of other Americans, do not wear college sweatshirts, or hats or any other clothing with an American logo.

2. Do not give out information on yourself, on other students, or about Program events to people you do not know well or trust.

3. Remain alert in public places; do not be shy about reporting any suspicious activity and get away from any package or bag which appears to be unattended.

4. Avoid—if possible—places frequented by Americans such as fast food chains, bars, and embassies and consulates in the Stockholm area and when you travel to other cities.

5. When traveling outside Stockholm do not linger around ticket offices or counters in train stations or airports. Also, you should have sufficient funds or a credit card in hand. In addition, you must inform our Program Coordinator of your travel itinerary (dates and places of travel) and contact information if possible. We also advise you to check the State Department’s advice and alerts when traveling independently during the semester.

6. Visit the http://travel.state.gov for further advice and security alerts from the U.S. Department of State. We also advise you to enroll in STEP, the Smart Traveler Enrollment Program, at https://step.state.gov.

Lastly, stay in touch with your parents.

Please note: Our intent is not to unnecessarily scare you, but simply give you advice which is prudent given the current world situation.

Fire Alarms and Drills at SSE

If the fire alarm sounds in the Stockholm School of Economics, exit the building and proceed towards the park on the northern side of SSE (to your left as you exit the main doors on Sveavägen). Our meeting point is by the closest end of the reflecting pool near Pressbyran. If you are coming from class, report to your instructor. If you are not in a class, report to any Swedish Program staff member if present. Someone from SSE will announce when the alarm is over and it is safe to enter the building.

Security Procedures for Students:
If Stockholm becomes a site of any form of terrorist action or in case of any immediate such threat.

1. Go directly to your apartment or host family if possible if you are out in the city when you learn of a terrorist incident or immediate threat. If there is an official evacuation in Stockholm, sirens will go off repeatedly throughout the city. See an explanation of alarm signals on the next page. Call your own family immediately and inform them of your safety. Next, call our Stockholm office and inform our staff as to your whereabouts and safety. If phone lines are not working, use email. If you cannot reach our office and you are unclear as to “what to do,” call the American Embassy: 08-783 86 00 or 08-783 53 75

2. Do not leave your apartment or host family until you have been contacted by our staff and told that it is ok to travel within the city. Check your own email at least every hour until someone has contacted you.
3. Speak with your own Swedish host family, contact family and friends to learn as much as possible regarding any incidents or general warnings made to the public in Stockholm. Turn on local TV or CNN or radio to learn as much as possible about breaking news.

4. In the unlikely event there is an evacuation of all Program students from Stockholm due to safety concerns—assuming the Stockholm airport is open—you will be contacted by our staff and told the following:
   a) Pack your belongings to go home.
   b) Bring your passport and previously issued return ticket to the U.S. to the airport.
   c) A taxi will pick you up (if possible) at a time indicated by our staff. If a taxi is not possible, you will be instructed as to how to get to the airport. Staff will inform you as to your flight information if possible.
   d) Staff members will attempt (if possible) to meet you at the airport where you will be given further instructions as to your flight home.

Please note: In the event of a terrorist action or threat in Stockholm or if there is any such action in the rest of Europe which warrants activating the above procedures, please be aware that the safest thing to do may be simply remaining in your living quarters. Of course, if all air travel is suspended, this may be both the safest and only immediate recourse. If this is the case, you will be so advised by the Program staff.

Alarms

These signals are transmitted from civil defense alarm units. In small communities with no such alarm units or in cases where alarm units for some reason are not in working order, the population may have to be warned in other ways, e.g. by ringing church bells or by means of loudspeaker vehicles.

There are four different signals that are used:

1. The signal used in peacetime is called IMPORTANT ANNOUNCEMENT (VIKTIG MEDDELANDE) and consists of 7-second blasts at 14-second internals. This signal lasts for two minutes.
   When you hear this signal you must immediately:
   • Go indoors and close all doors and windows. Turn off ventilation, if possible.
   • Please refer to Item #1 in our Security Procedures for Students.
   This signal is tested on the first Monday of March, June, September and December at 15:00 so that you can learn to recognize it.
   The signals to be used in wartime are called Emergency alarm (beredskapsalarm), Air raid warning (flygalarm) and All clear (faran over).

2. EMERGENCY ALARM means an immediate danger of war.
   Everybody with military or civilian wartime postings must report immediately to the place indicated on their call-up papers. The emergency alarm consists of 30-second blasts followed by 15 seconds’ silence. This alarm stops after 5 minutes.

3. AIR-RAID WARNING means a danger of attack by aircraft or missiles. Go to a shelter or some other safe place. This alarm can also mean radioactive fallout or an attack using gas or biological weapons. Here again, you must hurry to a shelter. This alarm consists of short blasts continuing for one minute. You must be prepared to stay in the shelter for a long time—anything from a few hours to some days.

4. The ALL CLEAR tells you that the danger is over and that you can leave your shelter. This is one continuous signal, lasting for 30-40 seconds.