“The Swedish Program is an opportunity for students to participate in one of Europe’s most prestigious academic institutions while experiencing the rich culture and life in the beautiful city of Stockholm. It sounds too good to be true, but my fantasy semester abroad has undeniably shaped my growth as a student and as a citizen of the world.”

—Gretchen Gerlach, Brown University
The Swedish Program is built for those who crave an enriching study abroad experience: both academically and culturally.
Welcome to
The Swedish Program!

Why Choose The Swedish Program?
The Swedish Program is sponsored by a consortium of American colleges and universities and affiliated with the Stockholm School of Economics (SSE), one of the most prestigious universities in Europe. We offer a full range of liberal arts courses taught in English. Our classes are small so Swedish Program students get to know their professors and peers. At the same time, students have access to SSE facilities and the local student community of clubs, social events, and professional opportunities. There are limitless possibilities for academic and cultural integration.

“As a small program within an international university, we bring you the best of both worlds.”

“My semester was one of the most transformative experiences in my life. I will forever be grateful for the warmth and openness of my host family, the enthusiasm of my fellow students, and the dedication of the Program staff. I can’t say thank you enough.”

—Marina Stam, Bowdoin College
Our Mission
The Swedish Program is committed to challenging students intellectually and culturally. We aim to teach the values of global citizenship to help prepare students to address the political, economic, social, environmental, and public health issues of the 21st century. This mission is supported by the distinctive features of the program, including our curricular breadth across the liberal arts, high academic standards, integrated university setting, and small size.

Our Philosophy
We believe that a successful study abroad experience involves pushing yourself to discover different ways of thinking and living. Integrating within your new host country is not an easy task—especially in a four-month academic semester—so we work hard to create opportunities to meet Swedes and experience Swedish culture. We hope you’ll join us for this unique intellectual and personal challenge.

“I can’t imagine experiencing one of the most magnificent cities on the planet with a more fun-loving, caring and down-to-earth group of people. My semester was unforgettable!”
—Philip Musey, Harvard College

Stockholm City Hall, home of the Nobel Prize Banquet
The Courses

Students choose four courses per semester.

Fall Semester, 2022
August 22–December 10

Economics:
Energy and Environmental Economics
The Economics of European Integration
Finance: Investment Management**
Empirical Economics**

Public Policy, Sociology, and Politics:
Comparative Public Policy: The Swedish Model in the 21st Century*
Nationalism and Populism: An International Perspective
Sociology of Food in Sweden
The COVID-19 Pandemic: A Study in Cultural Epidemiology
Sustainable and Responsible Business**

Psychology:
The Social Psychology of Health and Well-Being
The Psychology of Work*

Humanities:
History of Modern Scandinavian Art and Architecture*
Swedish Film and Television Culture***
Swedish Language (1, 2, or Advanced)
Swedish Crime Fiction

** These Swedish Program courses are open to SSE students, enabling you to share the classroom with Swedish and international students.
*** This is a Direct Enrollment course at Stockholm University at the Swedish Film Institute.

Independent Studies

Independent studies can be arranged only for full year students in their spring semester. All independent studies must be approved by the relevant department chairperson at your own institution and by our Executive Director prior to arrival in Stockholm. The approval process involves completing an independent study proposal form. Examples of independent study topics include Econometrics, Statistics, Mathematics, Philosophy, and Environmental Studies.

Spring Semester, 2023
January 16 – May 6

Economics:
Energy and Environmental Economics
The Economics of European Integration
Data Analytics**

Public Policy, Sociology, and Politics:
Comparative Public Policy: Sweden and the EU*
Health Care in Sweden and the U.S.
Migration Policy and Politics
Social Innovation for Global Challenges**

Psychology:
Language, Cognition, and Social Behavior
The Psychology of Work*

Humanities:
History of Modern Scandinavian Art and Architecture*
Swedish Film and Television Culture***
Swedish Language (1, 2, or Advanced)
Swedish Crime Fiction

Course Descriptions

Orientation:
Language Study and Introduction to Swedish Society and Culture
Instructors, Program Faculty & Staff
This one week period will involve daily language instruction and informal discussions on Swedish society and culture. The emphasis will be on confronting the reality of "culture shock." Orientation also includes planned social activities with Program faculty, administrators, host families, and contact families. Orientation ends with a weekend boat trip to the island of Sandhamn in the Stockholm Archipelago.

Swedish Language 1
Instructor, Erik Cardelus
Study of grammatical structure, vocabulary, and syntax. Special emphasis will be placed on the development of conversational skills.

Swedish Language 2 or Advanced
Instructor, Erik Cardelus
Advanced study of the structure of Swedish language, with emphasis on both conversational and written skills.

Energy and Environmental Economics
Instructor, Wondmagegn Tafesse Tirkaso
This course provides a general overview of important aspects of provision, management, and economic and political importance of energy resources and their environmental implications. More specifically, the course will address market interactions, pricing and regulation in oil, gas, coal, and electricity markets. In this discussion, we will also cover most recent developments in the energy field, such as the fracking revolution in oil and gas, as well as touch upon the issues of energy security. We will proceed to address the environmental aspects of energy, talk of renewable energy, emissions and emission trading, and discuss the prospects of green energy transition. To add a broader economic perspective, we will also look into the impact of energy resources, and natural resources in general, on economic and institutional development. Pre-requisites: two courses in Microeconomics, two courses in Macroeconomics, and one course in calculus. This course is typically given credit by Economics Departments.

Cost: $5,000, includes tuition, room, books, public transportation pass, and all study visits and/or excursions. Students are responsible for board. For more details, please refer to www.swedishprogram.org

Application Deadline: March 1, 2022
Swedish Program: an opportunity to step out of the Penn bubble and learn in a completely immersive setting. Whether it was finding the best Swedish meatballs in the city, a new place for fika, the best view of the city (and trust me there are lots!), there was always something to learn and someone to do it with. It was refreshing and eye opening to spend 5 months in Stockholm with people from different universities that I can now call life-long friends.”

—Darya Nemati, University of Pennsylvania
Comparative Public Policy: Sweden and the EU

Instructor: Jonas Brodin

During the Cold War, the existence of a trans-Atlantic civiliza-
tion was more or less given—no one questioned that the coun-
tries of Western Europe had more in common with the coun-
tries of North America than with their immediate neighbors behind the Iron Curtain. In the past several years, however, there has arisen a small cottage industry devoted to puncturing the post-Marshall Plan consensus. In other words, we are now told that Europe and America not only do not form a common civilization, but that they are fundamentally, irre-
retually different.

This course will evaluate these competing claims, investi-
gating the similarities and differences between Europe and America from the perspective of public policy. The course will be divided into three major sections. The first section, This is Europe, is an overview of the European Union and its most important policy areas and challenges. The second section, Farewell to the Welfare State?, is an overview of the past, pres-
ent, and future of the European-style strong welfare state, with a focus on developments in Sweden. The final section, Multiculturalism and its Discontents, is a discussion of Europe, and in particular Sweden’s, perhaps greatest challenge: how to deal with a rapidly diversifying population and the resulting conflict between competing sets of values. This course is typi-
cally given credit by Sociology, Political Science, and History Departments.

Sustainable and Responsible Business

Instructor: to be named

This is a SSE Direct Enrollment course. Sustainable development, as set out by the UN’s Sustainable Development Goals, broadened the understanding of com-
panies’ roles and social responsibilities. The role of business in society will be examined focusing on the interdependence between policy makers, civil society, and business. Meeting the UN’s Sustainable Developmental Goals requires understanding the intersection of environmental sustainability, social sustain-
ability, and economic sustainability. By integrating sustain-
ability into core business strategies, organizations can simul-
taneously create social and corporate value on a sustainable basis—they can create what has been dubbed “shared value” to business and society. Pre-requisite: one course in Sociology. This course is typically given credit by Sociology and Political Science Departments.

The Economics of European Integration

Instructor: Pehr-Johan Norbäck

This course deals with the economics of European integra-
tion. After a brief introduction and history of the European Union, we start with the microeconomics of European integration and examine the effects of moving towards a Europe outlined in the Treaty of Rome (1957), with free flow of goods and services, capital and people. We then turn to the macro-economics of European integration and examine benefits and costs of monetary integration and the adoption of the Euro. The course will give you the theoretical tools to understand various policy issues, ranging from the recent Greek crises to the Transatlantic Trade and Investment Partnership (TTIP) currently negotiated by the EU and the US. Pre-requisites: two courses in Microeconomics, two courses in Macroeconomics, and one course in Calculus. This 300 level course is typically given credit by Economics Departments.

Language, Cognition, and Social Behavior

Instructor: Helene Vergoossen

Language is a fundamental tool in human processes, playing a key role in sharing and influencing reality. In the transmission of cultural knowledge, and in establishing and maintaining relationships. What people say to each other strongly influ-
ences the quality of their relationships and their psychologi-
-cal well-being. Humans are also surrounded by language throughout the day—in face-to-face interaction, but also in the media, such as in newspapers, literature, and the Internet. The aim of this course is to explore this intersection of lan-
guage, cognition, and social interaction. We will examine how language affects and is affected by cognition. Special atten-
tion will be given to how learning Swedish, as a study abroad student, can be seen as an empirical case study of this rela-
tionship between language, cognition, and social interaction. Pre-requisite: one course in Psychology. This course is typically given credit by Psychology Departments.

Comparative Public Policy: The Swedish Model in the 21st Century

Instructor: Jonas Brodin

In the middle decades of the 20th century, Sweden was often held up as a positive anomaly, proof that it was pos-
sible to have both robust economic growth and a strong welfare state. Today, talk of the Swedish Model has faded, even as Sweden’s economy and welfare state have continued to evolve. The question we will investigate in this course is whether the Swedish Model can survive in the 21st century in the face of economic restructuring, welfare state retreat-
ment, a changing electorate, and pressure from the EU and beyond. This investigation will begin by looking at the histori-
cal background that allowed the Swedish Model to emerge, and then proceed to a thorough examination of the rise and fall of that welfare state, and finally analyze the future pros-
pects of the welfare state. Along the way, students will gain familiarity with the structure, mechanics, and major players in the Swedish political system, as well as with how Swedish politics compare to both Sweden’s immediate and more dis-
tance European neighbors, the role of labor unions and other social movements, Sweden’s role in the larger international system, and with the challenges faced by Sweden in a chang-
ing world. This course is typically given credit by Sociology, Political Science, and History Departments.

Social Innovation for Global Challenges

Instructor: to be named

This is a SSE Direct Enrollment course. Social innovation can offer new and innovative solutions to meeting societal needs. It therefore offers the opportunity to respond to societal challenges and improve well-being and the quality of life for communities and societies across the world. The purpose of this course is to integrate ideas related to social innovation in all sectors of social life to address global challenges. Students will be expected to engage in a project that links social innovation to one or more of the UN’s Sustainable Development Goals (SDGs) (https://sdgs.un.org/ goals): no poverty; zero hunger; good health and well-being; quality education; gender equality; clean water and sanitation; affordable and clean energy; decent work and economic growth; industry innovation and infrastructure; reduced inequalities; sustainable cities and communities; responsible consumption and production; climate action; life below water; life on land, peace, justice, and strong institutions, and partnerships for the goals. Pre-requisites: one course in either Political Science or Sociology. This course is typically given credit by Sociology and Political Science Departments.
Empirical Economics
Instructor, Robert Östling
This is a SSE Direct Enrollment course.
Economists study the behavior of individuals, firms, and aggregates. Economic models provide ways to think about how agents act. Data allows us to quantify these relationships and test competing models against each other. This direct enrollment course provides a link between economic theory and observations from the real world. In doing so, we cover a number of commonly used empirical methods. The focus will be on the practical applications of these methods and interpretation of the results. Pre-requisites: two courses in Microeconomics, two courses in Macroeconomics, and one introductory course in Statistics. This 300 level course is typically given credit by Economics Departments.

Nationalism and Populism: An International Perspective
Instructor, Jonas Brodin
The past few years have seen a powerful resurgence of both nationalism and populism. The goal of this course is to understand why that resurgence is happening and what it means for the future of representative politics. The course will trace the historical origins and theoretical underpinnings of both nationalism and populism, as well as looking at recent examples of what can happen at the intersection of populist politics and ethnic nationalism—e.g., Yugoslavia and Rwanda—before moving on to examining the current wave of nationalist populism across the globe, from Brexit and the 2016 election in the U.S. to the rise of nationalist populist leaders in countries as diverse as Hungary, India, the Philippines, and Brazil. Because the recent resurgence of nationalism and populism is almost exclusively a right-wing phenomenon, the course will give particular focus to the rise of the radical right, but will also look at contemporary left-wing populism as well as past left-wing populist movements to help students understand that the course takes an explicitly multidisciplinary approach, using economic, cultural, historical, and political perspectives to explain the nationalism and populist comeback—investigating, among other things, the role of social media, the global rise in economic inequality and its underlying causes, and the slow motion collapse of the postwar system of international governing institutions. Nationalism and populism are not new phenomena, and this course aims to help students situate them in a larger context in order to better understand their current resurgence. This course is typically given credit by International Relations, Political Science, and History Departments.

History of Modern Scandinavian Art and Architecture
Instructor, Peder Fallenius
This course is an examination of the cultural history of modern Scandinavia with a unique focus on art and architecture. We will look at how cultural forces, such as religion, geography, and views of community and nature have shaped the ways in which Swedes have created urban space and other images of their society, i.e., art. The class will incorporate visits to Stockholm’s well-known museums into the structure and methodology of the course. This course is typically given credit by Art History Departments.

Health Care in Sweden and the U.S.
Instructor, Jonas Brodin
Health care systems are embedded in economic, political, and social structures and reflect a country’s cultural values. This class will look at the historical development of health care systems in Sweden and the U.S., medical education, and the type of institutional settings in which health care is provided. We will also look at the role of the health care consumer in each country and how factors such as race, class, and gender impact citizens’ access to and experience in the health care system. This course is typically given credit by Sociology and Political Science Departments.

Data Analytics
Instructor, Rickard Sandberg
This is a SSE Direct Enrollment course.
In this course, the students will learn the basics of Econometrics (for cross-sectional data) and receive an introduction to Machine Learning (ML). This course also includes further essential mathematical methods that are used in economic and financial analysis. The importance of data science to businesses and economic analysis is discussed. Guest lectures will include relevant professionals from the Swedish industry. The course covers important econometric concepts such as: random sample, central limit theorem, estimation, inference (hypothesis testing), regression models, causality, randomized experiments, as well as the ML concepts: supervised learning (prediction and classification), unsupervised learning (clustering). This course also introduces some mathematical theorems such as: random sample, central limit theorem, estimation, and inference (hypothesis testing) regression models, causality, randomized experiments, and various ML concepts: supervised learning (prediction and classification), unsupervised learning (clustering). This course also introduces some mathematical theorems such as: random sample, central limit theorem, estimation, inference (hypothesis testing), regression models, causality, randomized experiments, and various ML concepts: supervised learning (prediction and classification), unsupervised learning (clustering), etc., and students will also learn how data and results can be visualized. Lastly, there will be an introduction to calculating in Excel. Pre-requisites: two courses in Microeconomics or Macroeconomics, Calculus, and Statistics. This 300-level course is typically given credit by Economics Departments.

The COVID-19 Pandemic: A Study in Cultural Epidemiology
Instructor, Diego Yacaman Mendez
The transmission of a virus and a society’s response to halt its spread has a cultural and societal component. This interdisciplinary course examines how COVID-19 has affected countries differently. The variation in COVID-19’s impact and in the different strategies to combat the virus are related to a society’s public health, its health-care system, population density, and overall social/political structure.

Pandemics, although not strange from a historical standpoint, are remarkable events that highlight the strengths and weaknesses of societies, opening an opportunity to analyze, reflect, and improve our communities. Although the course will present a global perspective, special attention will be given to comparing and contrasting the impact of the virus and the different responses in Sweden and in the United States.

We will examine the scientific literature to explore the determinants of the impact of the COVID-19 pandemic, what can be improved, and how to achieve improvements under the framework of sustainable development goals (SDG). Topics to be examined include: the history of epidemics, basic concepts in social medicine and epidemiology, The SARS-CoV2 virus and COVID-19, the role of science in public policy, poverty and social inequalities, urbanization and population changes. Pre-requisites: One course in social science. This course is typically given credit by Sociology, Anthropology, Life Sciences, Public Health, and Political Science Departments.

Swedish Film and Television Culture
Instructor, to be named
This direct enrollment course is taught at the Swedish Film Institute. The course provides an overview of the role of the moving image in Swedish culture and society during the last 100 years, a period when moving image culture became increasingly important. Swedish film and television culture is presented in relation to international trends and developments. Various approaches are considered, including the analysis of formal concerns combined with different socio-cultural perspectives, as well as entertainment genres and avant-garde experiments. Industrial practice and film analysis are discussed with a focus on individual artists. Attention is also paid to case studies dealing with questions of criticism and reception. This course is typically given credit by Film and English Departments.

“The Swedish Program gave me the tools I needed to fully immerse myself in the Swedish culture through an internship, courses at the Stockholm School of Economics, and various cultural activities that I otherwise would have never had access to. Having done two different study abroad programs, I can say with confidence that the Swedish Program is unique and will give you the support you need to have an incredible semester in Stockholm.”
—Rachel Dawson, Hamilton College
Your Competitive Advantage:
Stockholm School of Economics
You worked hard to gain admission at a great college or university, and choosing a study abroad program with international prestige can also boost your chances of success after graduation. The Swedish Program’s affiliation with the Stockholm School of Economics (SSE), one of Europe’s most highly recognized universities, will make you stand out when you become a candidate for graduate studies or when you begin your job search. A Swedish Program alum recently reported that the first question at her first job interview was, “What was it like to study at SSE?”

SSE is a small and selective institution enrolling approximately 2,000 students in various undergraduate and graduate programs. The most well-known international corporations,
investment and consulting firms, and non-profit organizations visit SSE every semester to recruit students, so you’ll have ample opportunity to build your professional network while you’re abroad.

**Direct Enrollment Courses**
In addition to the Swedish Program’s own liberal arts courses, students can enroll directly in select courses at SSE. Direct enrollment courses allow you to share the classroom with Swedish and international students and experience the Swedish academic system firsthand. SSE students can also enroll in a growing number of Swedish Program courses.

**The Student Association at SSE**
Our students have access to the variety of social, academic, sporting, and professional events arranged by the Student Association at SSE. For example, Swedish Program students have recently joined SSE students to visit consulting firms and study finance in London, while others traveled to Barcelona for a basketball tournament. The Student Association is one of the most active of its kind in Europe and offers daily opportunities for social integration. As members, Swedish Program students even have the chance to enter a student lottery to win a spot at the lavish Nobel Prize banquet that follows the annual ceremony each December!
Academics in Focus

Faculty
Our faculty are either instructors at local universities or research associates at local research institutes. All faculty members are either Swedish citizens or residents.

Language
Courses are taught in English and do not require any prior background in the Swedish language. While we do not require students to take a Swedish language course while on the Program, we do strongly recommend it. Studying Swedish while living in Stockholm will help students to better understand their everyday cultural experiences. Our introductory Swedish language course focuses on practical conversational skills necessary to understand everyday life, from food to every aspect of popular culture. Advanced instruction is available for students with prior knowledge of Swedish.

Academic Standards
The Swedish Program’s high academic standards are in accordance with the traditions established by all participating American colleges and universities. We believe that a commitment to learning in the classroom leads to a more rewarding intercultural experience. The more our students learn about Sweden—its language, history, politics, and culture—the more likely they will be to assimilate culturally.

Study Visits
Each semester our instructors organize study visits to political organizations, research institutes, corporations, and museums. These visits, which complement classroom instruction, promote active learning through direct observation and discussion with Swedish professionals. Study visits vary from semester to semester. Past visits have included the Swedish Parliament, local companies, Stockholm Public Schools, and the many art museums in Stockholm.

Credits and Transcripts
The Swedish Program will issue a Statement of Grades for each student, specifying the grade for each course and four semester hours of credit for the completion of each course. Colby College is the School of Record for The Swedish Program. Most schools accept our Statement of Grades. Upon request, Colby will issue an official transcript specifying the grade for each course and four semester hours of credit for the successful completion of each course. There is a charge of $150.00 for the issuance of a transcript. Upon acceptance to the Program, we will ask you to fill out a form indicating whether your home institution requires an official transcript.
Internships

Local internships give students an opportunity to better understand Swedish professional culture while building their networks and resumes. We offer six excellent internship opportunities every semester, as well as additional internships when available. Students can submit their internship request upon registration. Such requests should include your resume and a brief statement of interest for the desired internship. Internships are unpaid and not for credit.

SS&C Advent (10–15 hours per week)
In this internship, you’ll assist the Advent University team to review, edit, and create content for the training courses and material while learning about Advent’s financial technology products and how they are used to comply with market demands. This placement is limited to one student per semester.

The Royal Swedish Academy of Engineering Sciences (IVA) (8–12 hours per week)
Join the International Affairs team at the Royal Swedish Academy of Engineering Sciences, which aims to advance Sweden’s internationalization and competitiveness within science, technology, and innovation. This placement is limited to one student per semester.

Research Institute of Industrial Economics (3–6 hours per week)
This internship gives students the opportunity to assist with research at the prestigious Research Institute of Industrial Economics. Students applying for this internship are required to enroll in The Economics of European Integration course. This placement is limited to two students per semester.

Global Pharma Consulting (min. 6 hours per week)
Global Pharma Consulting is a small but growing consultancy in the Life Science sector with a focus on market entry in the MENA region (the Middle East and North Africa). This internship gives students insight into international consulting in the life science area and business culture in Sweden and the Middle East. This placement is limited to two students per semester.

Stockholm Public Schools (4–6 hours per week)
This internship places students at Norra Real Gymnasium, a beautiful high school a few blocks from SSE. Students learn about the public education system firsthand by assisting instructors and interacting with local high school students. This placement is limited to six students per semester.

Digital Editor at The Swedish Program (2–4 hours per week)
As a Digital Editor at The Swedish Program, students create written, photo, and video content for our blog and social media profiles. This position is best suited to a creative student with an interest in marketing and design/visual arts. This placement is limited to two students per semester.

Our internship opportunities often change and expand. Please check out the latest on our internships at https://swedishprogram.org/internships/
Housing: Live Like a Local

Students have the option of living in fully furnished apartments located throughout Stockholm, or with carefully selected host families. Both housing options offer an opportunity for total cultural immersion. There is very limited “student housing” in Stockholm, so most Swedish students live like you will be living—in private apartments around the city, or with their families at home. Your everyday experience, from doing laundry to grocery shopping, will allow you to learn Swedish norms and customs and interact with locals.

Apartment Living
We generally place two to four students in each apartment, with one to two students per bedroom. Please note that the arrangement in our apartments may change from year to year.

Host Family Living
Our criterion for selecting host families is simple but demanding: the family must be motivated solely by their interest in a rewarding intercultural experience. Our students are treated as family members, not as boarders. All students who elect to live with Swedish families have their own bedroom.

We limit host family placements to eight students per semester. Consequently, students who prefer a host family should apply early, as we have a rolling admissions process. Students who elect to live with a host family are required to have a brief interview via Skype with our Program Coordinator in Stockholm before a family placement is guaranteed.

Location and Commute
Our apartments and host families are spread throughout the Stockholm urban area. We try to find housing as close as possible to SSE, but commuting is an inevitable part of urban life. Students living in apartments typically have a commute of 25 to 40 minutes. Students living with host families typically have a commute of 40 to 50 minutes. However, apartments may be located up to 60 minutes by public transportation to SSE (under normal weather conditions). Host families may also be located up to 60 minutes by public transportation to SSE (under normal weather conditions).

Student Life

Stockholm has more restaurants, museums, and parks per capita than any city in the world. Put simply, there is always something to do! Life is never boring with Stockholm’s vibrant music scene, films and live theater in English, sporting events like world class hockey and soccer matches, fun pubs and dance clubs, art festivals, food fairs, dance exhibitions, and more. Students who like outdoor activities will appreciate the endless opportunities for hiking day-trips and weekend ski trips, while history buffs can explore Stockholm’s numerous museums and castles.

During orientation, students receive a Student Guide full of suggestions for social, cultural, and professional events in Stockholm. Our Program Coordinator also arranges activities, such as museum and pub tours, a visit to the Royal Swedish Opera, and Swedish holiday celebrations.

We know that our students want to meet Swedes, and the best way to meet locals is to join something—a team, club, or any kind of group activity in which you have an interest. Our students are members of the Student Association at SSE which provides them opportunities to join dozens of interest-based clubs—from photography, sports, and finance, to trips to London visiting consulting firms, and to Barcelona for a European competition in a variety of sports. For a full list of activities, see www.swedishprogram.org. The Student Association also arranges lectures, banquets, fundraisers, and other social events, and even runs a pub in the basement at SSE! The Student Association also sponsors numerous career fairs attended by international corporations each semester. Former Program students have made contacts at these events which have led to summer internships in the U.S.
Stockholm—the Hidden Gem of Europe

Stockholm is simply beautiful. Built across 14 islands, Stockholm is the capital of Sweden and the fastest growing city in Europe. From the charming cobblestoned streets of “Old Town” to the city’s modern business districts, Stockholm manages to temper the pulse of a large urban city with the charm of a smaller community. The city planning reflects the Swedish love of nature and commitment to sustainable growth. A ten-minute walk through downtown Stockholm can take you from a crowded café to the shoreline of the Baltic Sea. Our premises at SSE are located in the heart of the city close to cafés, restaurants, museums, concert halls, shopping, and all forms of public transportation.

“Getting to call Stockholm home for four months was a once in a lifetime experience that I would recommend to anyone. From the people to the fashion to the architecture, it’s the coolest place I could ever have studied abroad in.”

—Amy Beihl, Colgate University

Discover why scholars and students come from around the world to study in Sweden.
Home to about 1.5 million people, Stockholm is not only an exciting place to live, but also a relatively safe and clean city. Crime rates are among the lowest in the world while the standard of living is among the highest. Public transportation is efficient, safe, and inexpensive. The weather is not as cold as most imagine: Stockholm has a relatively mild coastal climate and winter weather is less extreme than in Boston.

Both sophisticated and stylish, Stockholm is home to some of the best cultural institutions, restaurants, and nightlife spots in the world. Sweden attracts visitors from all over the world to sample its civility, hospitality, diversified cuisine, and quality of everyday life.

In the Classroom
At The Swedish Program, students are challenged to develop an interdisciplinary and critical understanding of how Sweden addresses modern issues relevant to all advanced societies. We aim to promote a comprehensive view of the country’s achievements—including its impressive history of innovative responses to issues such as financial downturns, environmental protection, immigration, health-care, education, and gender equality—as well as its contemporary problems. Sweden’s appeal extends beyond its social and political institutions to its rich traditions in the arts, humanities, and science.

Independent Travel
We recognize that students want to travel while studying abroad. Therefore, we provide two full weeks of vacation time to do so. Students find it easy to travel throughout Europe during this time and appreciate the opportunity to choose for themselves where they want to go! There are quick direct flights from Stockholm to many of Europe’s great cities:

- **Berlin**: 1 hour and 30 minutes
- **Prague**: 2 hours
- **London**: 2 hours and 15 minutes
- **Paris**: 2 hours and 30 minutes
- **Barcelona**: 3 hours and 15 minutes

"You won’t find a more immersive and fulfilling study abroad experience than a semester in Stockholm with The Swedish Program. The Program has the perfect balance between offering interesting and engaging classes and time to explore Stockholm. And there are great opportunities to travel, both on Program organized trips as well as on your own."

—Ben Morton, Williams College
The Stockholm Archipelago extends from Stockholm roughly 40 miles east to the Baltic Sea. It consists of approximately 24,000 islands.

Gotland is located approximately 120 miles south of Stockholm. Roughly the size of Rhode Island, it is the largest island in the Baltic Sea. The island’s largest city, Visby (pictured left), is arguably the best-preserved medieval city in Scandinavia.

Optional Fall Excursion: The Island of Gotland
Located about 56 miles east of mainland Sweden in the Baltic Sea, Gotland is one of the most unique and historically significant islands in the world. The first Stone Age settlers came to Gotland about 7,000 years ago and many traces of their dwellings can still be seen, including unique limestone picture stones covered with mythological scenes of ships and warriors. On this trip, we’ll stay within the 13th-century walls of the city of Visby, a UNESCO world heritage site and arguably the best-preserved medieval city in Scandinavia. We’ll explore the island with activities such as a tour of the Fornsalen Viking Museum, guided walks through medieval churches and burial grounds, a tour of local microbrewery Gotlands Bryggeri, a picnic among ancient stone formations, a visit to the cliffs and sandy beaches of the Gotland countryside, and more.

The cost for this trip is $550 and includes transportation, accommodation, meals and activities. Students who receive financial aid from their home schools should inquire if their aid can be applied to this optional trip. Please inform us whether your aid can or cannot be applied. You will receive additional information about this trip upon acceptance. We hope you will join this Viking adventure on the island of Gotland!

Optional Spring Excursion: The Arctic Circle
Sweden is the land of the midnight sun in the summer, but winter in the Arctic is breathtaking. The landscape is strikingly beautiful, from its sparkling frozen lakes to the snowy mountains where reindeer are herded by the indigenous Sámi people. During clear, cloudless nights, you might see the majestic Northern Lights streak across the sky. On this trip, we’ll stay in a village in Swedish Lappland and enjoy activities such as dog sledding, snowshoeing, a visit to a traditional Sámi village, a tour of the world-famous Ice Hotel in Jukkasjärvi, and more.

The cost for this trip is $625 and includes transportation, accommodation, meals and activities. Students who receive financial aid from their home schools should inquire if their aid can be applied to this optional trip. Please inform us whether your aid can or cannot be applied. You will receive additional information about this trip upon acceptance. We hope you will join this once-in-a-lifetime experience in northern Sweden!

Group Travel

Unique Cultural Excursions
Each semester we organize an overnight trip to the Stockholm Archipelago and an optional weekend trip to explore Sweden’s rich culture, history, and geography beyond the capital city.

The Stockholm Archipelago
We end our orientation week with a boat trip to the island of Sandhamn in the Stockholm Archipelago. The Archipelago is a collection of thousands of beautiful islands surrounding Stockholm’s eastern coast in the Baltic Sea. This overnight trip gives students a chance to relax and get to know one another before classes begin. The cost of this trip is included in tuition.

The Island Of Gotland
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Optional Fall Excursion: The Island of Gotland
Located about 56 miles east of mainland Sweden in the Baltic Sea, Gotland is one of the most unique and historically significant islands in the world. The first Stone Age settlers came to Gotland about 7,000 years ago and many traces of their dwellings can still be seen, including unique limestone picture stones covered with mythological scenes of ships and warriors. On this trip, we’ll stay within the 13th-century walls of the city of Visby, a UNESCO world heritage site and arguably the best-preserved medieval city in Scandinavia. We’ll explore the island with activities such as a tour of the Fornsalen Viking Museum, guided walks through medieval churches and burial grounds, a tour of local microbrewery Gotlands Bryggeri, a picnic among ancient stone formations, a visit to the cliffs and sandy beaches of the Gotland countryside, and more.

The cost for this trip is $550 and includes transportation, accommodation, meals and activities. Students who receive financial aid from their home schools should inquire if their aid can be applied to this optional trip. Please inform us whether your aid can or cannot be applied. You will receive additional information about this trip upon acceptance. We hope you will join this Viking adventure on the island of Gotland!

Optional Spring Excursion: The Arctic Circle
Sweden is the land of the midnight sun in the summer, but winter in the Arctic is breathtaking. The landscape is strikingly beautiful, from its sparkling frozen lakes to the snowy mountains where reindeer are herded by the indigenous Sámi people. During clear, cloudless nights, you might see the majestic Northern Lights streak across the sky. On this trip, we’ll stay in a village in Swedish Lappland and enjoy activities such as dog sledding, snowshoeing, a visit to a traditional Sámi village, a tour of the world-famous Ice Hotel in Jukkasjärvi, and more.

The cost for this trip is $625 and includes transportation, accommodation, meals and activities. Students who receive financial aid from their home schools should inquire if their aid can be applied to this optional trip. Please inform us whether your aid can or cannot be applied. You will receive additional information about this trip upon acceptance. We hope you will join this once-in-a-lifetime experience in northern Sweden!
Optional Study Weekends in London and Paris

Visit Two of the Most Acclaimed Universities in the World

Fall Semester:
London School of Economics and Political Science

The London School of Economics and Political Science (LSE) is ranked as one of the best universities in the world for the study of the social sciences. The university is located in central London and has a diverse enrollment of about 12,000 students from 148 different countries. The school’s notable alumni and faculty have received 18 Nobel Prizes between them. ([www.lse.ac.uk](http://www.lse.ac.uk))

Spring Semester:
The American University of Paris

The American University of Paris (AUP) is one of the oldest and most respected American universities in Europe. The university is located in central Paris, just one block from the Eiffel Tower, and has a diverse enrollment of about 1,000 students from 100 different countries. ([www.aup.edu](http://www.aup.edu))

Each visit includes multiple lectures by faculty from the host institution and social interaction with local students. Students will have one day of activities at the host university and one free day to explore London or Paris on their own.

The cost for each trip is $850 and includes airfare, three nights of accommodation, and all meals. Students who receive financial aid from their home schools should inquire if their aid can be applied to these optional trips. Please inform us whether your aid can or cannot be applied. You will receive additional information about these trips upon acceptance.
Top Ten Reasons To Apply

According to Former Students

1. **Best of Both Worlds**
The Program is small, but sits in an international university. It is the best of both worlds. We get attention from a great staff and get to be on a campus. We are not dropped off at some large university with no support, nor are we isolated in a building with just other Americans.

2. **Affiliation with SSE**
The Swedish Program’s affiliation with such a prestigious university—the Stockholm School of Economics—has strengthened my resume. It has already helped me land a great summer internship and it will eventually help me get a good job.

3. **Great Staff and Faculty**
The staff and faculty are great, both professional and friendly. You really get the chance to know them.

4. **Group Travel**
Experiences of a lifetime: dog sledding and ice fishing in the Arctic Circle, discovering Viking culture on the island of Gotland, and our study weekends in London (LSE) and in Paris (AUP).

5. **Fun, Safe, and Sophisticated**
Stockholm is the hidden gem of Europe—it is fun, safe, beautiful, and sophisticated.

6. **Housing is Amazing**
The housing is amazing—the apartments are nice and the host and contact families will do so much for their students.

7. **Somewhere Different**
Because everyone else seems to be going to England or Australia—it is fun to go somewhere different.

8. **The Swedes**
Swedes are very friendly and like to speak English.

9. **Concerts, Sports, Theater**
It is easy to find things to do—it seems as though there are always things going on: concerts, sporting events, theater, clubs, festivals, etc.

10. **Time to Travel**
A two-week vacation each semester allows us to travel wherever we decide to go.

“What I found to be the most rewarding part of my abroad experience was my involvement with The Student Association at SSE (SASSE). Right from the beginning, after our introduction to SASSE with Rebecca and Astrid, I knew the more I participated in SASSE the more I would get out of my time in Stockholm.”

—Bailey Aust, Connecticut College
Admissions

Application Procedures
In order to keep class sizes small, enrollment will be limited to 45 students per semester. The Swedish Program is open to all undergraduates of accredited colleges and universities. The curriculum is designed for sophomores, juniors, and seniors. Students may apply for the full year or for one semester. We have a rolling admissions policy. Therefore, students are encouraged to apply early.

Application Deadlines
Academic Year and Fall Semester: March 1
Spring Semester: October 10

Expenses
The total costs* (tuition, room, and board) for 2022–2023 are as follows:

- Full Year: $65,000
- One Semester: $33,200

Students are responsible for arranging their own flight to and from Stockholm. The cost of a round-trip ticket is approximately $800.

Included in Tuition, Room, and Board

Apartments:
- Pick up at airport by Program staff
- Fully furnished apartment including fully stocked kitchen
- A Welcome Kit in the apartment including breakfast food, coffee, tea, and chocolate
- Towels, sheets, duvet, pillow, and hair dryer
- Insurance covering apartments and personal belongings
- Laundry facilities in the building or complex (free of charge)
- The option to have a Contact Family or SSE Buddy
- Books
- 24/7 emergency support

Host Families:
- Pick up at airport by Program staff or your Host Family
- A family home or flat located within Stockholm or suburbs
- A furnished, private room
- Insurance for your personal belongings
- Invaluable experience learning Swedish culture, traditions, daily life
- Food/meals for breakfast, dinner, and weekends
- The option to have an SSE Buddy
- Books
- 24/7 emergency support

Student Life:
- Orientation Week, which includes an overnight trip to the Stockholm archipelago, city tours, and much more
- Membership in the Student Association at SSE, which provides access to social and academic events, sport clubs, fairs, workshops, and interest-based groups
- Mecenat card: a student ID and key to student discounts
- Group activities such as visiting City Hall, the Royal Opera, museums, and much more
- Support and advice on campus
- Gym membership
- Option to apply to various internships
- Full-time Program Coordinator committed to enhancing student life
- Health Insurance
- A buddy through our Buddy Program with SSE
- Academic counseling and support
- Study trips relevant to each course
- Study areas in the atrium at SSE
- Printing available in our classroom

* Please note that all costs should be considered tentative due to the current instability in currency exchange rates. The Program reserves the right to raise the total costs for the 2022–2023 year before January 1, 2022. Please refer to our website (www.swedishprogram.org) for information regarding final costs.

“...The Swedish Program was the perfect point of entry into Scandinavia, providing ample opportunities to delve into and explore Swedish culture both in and out of the classroom. The program carefully matched me with a host family, which allowed me an authentic cultural experience as well as facilitated incredible relationships that will continue to grow!”
—Haley Johnson, Oberlin College
“My time with The Swedish Program has shaped me, and continues to shape me, in ways I had never expected. I fell in love with Stockholm and the life I led there. The city and the wonderful people I met there holds a very special place in my heart.”
—Shelby Holmes, Davidson College

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The Swedish Program, Inc. (formally The Swedish Program in Organizational Studies and Public Policy) is an independent, non-profit organization, affiliated with the Stockholm School of Economics and sponsored by a consortium of U.S. colleges and universities.

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