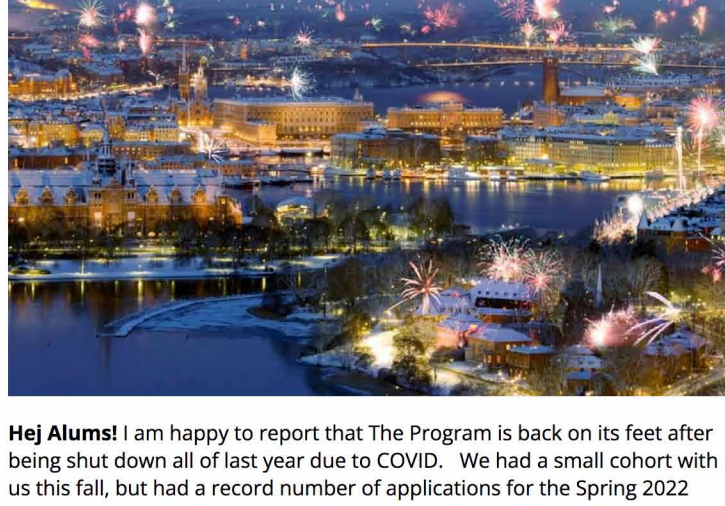


# THE SWEDISH PROGRAM

Liberal Arts / Stockholm School of Economics

## Warm wishes for a happy & healthy holiday season!



**Hej Alums!** I am happy to report that The Program is back on its feet after being shut down all of last year due to COVID. We had a small cohort with us this fall, but had a record number of applications for the Spring 2022 semester. We'll welcome 48 students to Stockholm in January!

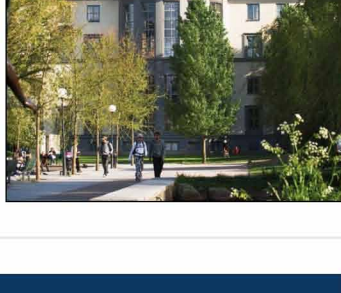
As we approach our 35th year next fall, I am grateful that you chose our Program and trust that you look back on your international experience with the fondest of memories. Wishing you my very best for 2022! -Ken

## Joint SSE-Swedish Program Scholarship for Alumni

The Swedish Program and the Stockholm School of Economics are proud to offer a two-year full tuition scholarship for Swedish Program alumni pursuing an MSc degree at SSE.

The next scholarship will be awarded for a program beginning in Fall 2022. Interested in returning to Sweden for your graduate studies? Learn more on [our website](#).

Applications are due January 15, 2022!



## Alumni Highlights & Updates

**Hannah Ritchey** (Colgate) studied with The Swedish Program during the spring 2019 semester. Hannah returned to Stockholm as a Fulbright Scholar to conduct research on identity formation in Muslim communities during the rise of the far-right. Read about Hannah's experience adapting to a "new normal" [here](#).

**Christopher Kuo** (Penn) studied with us during the fall 2014 semester. Chris completed his MSc in Business & Management at SSE and now works for a Swedish company in Stockholm. Read more about Chris's experience returning to Sweden and living his values [here](#).

**Philip Musey** (Harvard) studied with The Swedish Program in fall 2014. He is the founder of High Glide Media, a creative agency that designs visionary marketing touchpoints for fast-growing, change-minded organizations. This fall, Philip and his team will visit the Program in Stockholm to film a short documentary for us. Stay tuned!

**Amelia Poole** (Colgate) studied with us in fall 2017. Amelia has accepted our invitation to join The Swedish Program Board of Trustees. Amelia is the first alum to join our Board.

## An Alumni Cohort from the Early 90's



## Fun Facts about Some Notable Alums

**Marc Lore** (Bucknell) studied with us in 1991. Marc is a former Walmart executive, founder of [diapers.com](#) and [jet.com](#), and co-owns the Minnesota Timberwolves with Alex Rodriguez. Marc's latest startup is called Wonder, which operates food trucks cooking chef-inspired meals during delivery so food arrives hot to your door.

**Paul Lieberstein** (Hamilton) studied with us in 1987. Paul is an actor, screenwriter, television director and Emmy award winning producer. He's best known for his role as Toby Flenderson in *The Office*.

**Jessica Meir** (Brown) studied with us in 1998. Jessica is a NASA astronaut who launched into space in September 2019, returning to Earth in April 2020. In October 2019, Jessica completed the first all-female spacewalk with fellow NASA astronaut Christina Koch; the duo conducted two more spacewalks together in 2020.

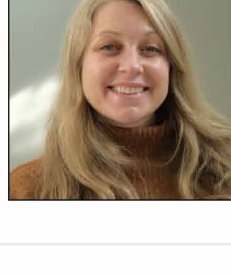
## 'Tis the Season: Winter Scenes from Sweden



### Nice to Meet You!

Hello, alumni! I'm Courtney and I recently joined The Swedish Program as the **Associate Director of Admissions**.

We're proud of our rich network of alumni and want to hear from you! Please send fond memories of your time in Stockholm, photos, and/or notable updates **directly to me**. I look forward to hearing from you!



## Traditional Holiday Treats from the Swedish Kitchen

Two of Sweden's biggest holidays are celebrated this month, St. Lucia on December 13th and Christmas Eve on December 24th. Incorporate some traditional Swedish treats into your own holiday planning!

### Knäck Swedish Christmas Toffee

As you probably know, Christmas Eve is one of the most important holidays in Sweden. If you were a fall semester student, you may have experienced the Christmas Eve *julbord* which features classic dishes like ham, pork sausage, cured salmon, and much, much more! However, no Swedish Christmas celebration is complete without *knäck*, or Christmas toffee. Together with *ischoklad* (ice chocolate) it is the most typical Christmas candy in Sweden.

Try your hand at *knäck* this season. Keep it classic or embellish to your taste with nuts and vanilla. Recipe [here!](#)

### Lussekatter Saffron Lucia Buns

St. Lucia, the patron saint of light, is celebrated on December 13 with music, candles, and food. Again, if you were a fall student, you may remember the unique processions of children in white robes tied with red sashes walk through towns or events holding candles while the Lucia Bride wore a wreath of real candles in her hair. You probably do remember that St. Lucia celebrations are traditionally accompanied by mulled wine (*glögg*) and saffron buns (*lussekatter*).

Enjoy a **Lucia choir performance** while you bake your Saffron Lucia Buns. Recipe [here!](#)

