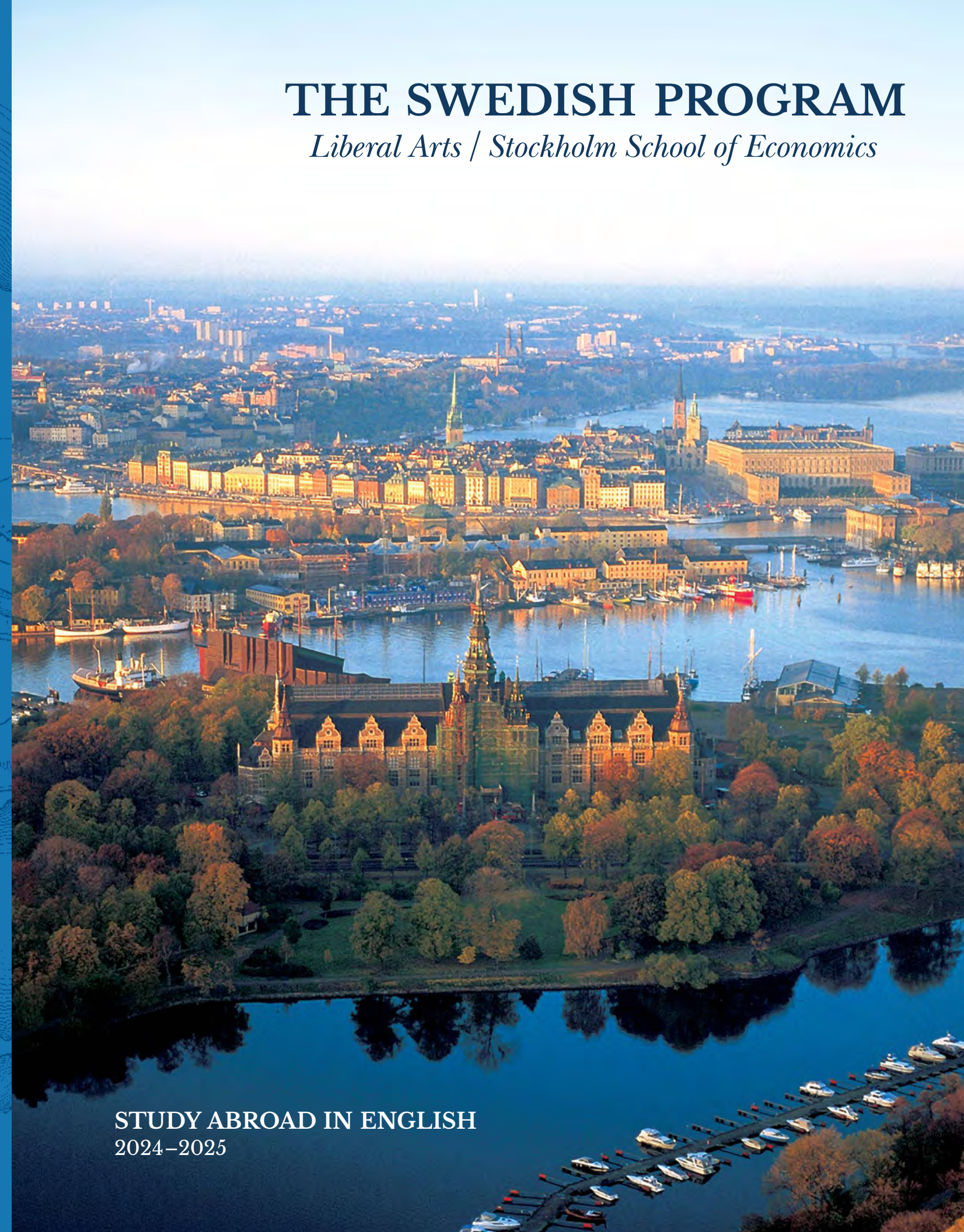


THE SWEDISH PROGRAM

Liberal Arts / Stockholm School of Economics



**EXPLORE
THE POSSIBILITIES**



STUDY ABROAD IN ENGLISH
2024–2025

The Swedish Program is built for those who crave an enriching study abroad experience: both academically and culturally.



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Welcome to The Swedish Program!

Why Choose The Swedish Program?

The Swedish Program is sponsored by a consortium of American colleges and universities and affiliated with the Stockholm School of Economics (SSE), one of the most prestigious universities in Europe. We offer a full range of liberal arts courses taught in English. Our classes are small so Swedish Program students get to know their professors and peers. At the same time, students have access to SSE facilities and the local student community of clubs, social events, and professional opportunities. There are limitless possibilities for academic and cultural integration.

As a small program within an international university, we bring you the best of both worlds.

"My semester was one of the most transformative experiences in my life. I will forever be grateful for the warmth and openness of my host family, the enthusiasm of my fellow students, and the dedication of the Program staff. I can't say thank you enough."

—Marina Stam, Bowdoin College



Our Mission

The Swedish Program is committed to challenging students intellectually and culturally. We aim to teach the values of global citizenship to help prepare students to address the political, economic, social, environmental, and public health issues of the 21st century. This mission is supported by the distinctive features of the program, including our curricular breadth across the liberal arts, high academic standards, integrated university setting, and small size.

Our Philosophy

We believe that a successful study abroad experience involves pushing yourself to discover different ways of thinking and living. Integrating within your new host country is not an easy task—especially in a four-month academic semester—so we work hard to create opportunities to meet Swedes and experience Swedish culture. We hope you'll join us for this unique intellectual and personal challenge.

Stockholm City Hall,
home of the Nobel
Prize Banquet

"The Swedish Program is an opportunity for students to participate in one of Europe's most prestigious academic institutions while experiencing the rich culture and life in the beautiful city of Stockholm. It sounds too good to be true, but my fantasy semester abroad has undeniably shaped my growth as a student and as a citizen of the world."

—Gretchen Gerlach, Brown University



The Courses

Students choose four courses per semester.

Fall Semester, 2024

August 19–December 9

Economics:

Environmental Economics
The Economics of European Integration
Finance II**

Public Policy, Sociology, and Political Science:

Comparative Public Policy: The Swedish Model
in the 21st Century*
Nationalism and Populism: An International Perspective
Sociology of Food in Sweden
Sustainability Challenges: Business in Society**
The Social Spaces of Injustice

Psychology:

The Social Psychology of Health and Well-Being*
The Psychology of Work*

Humanities:

History of Modern Scandinavian Art and Architecture*
Swedish Language (1, 2, or Advanced)
Swedish Crime Fiction

* These Swedish Program courses are open to SSE students, enabling you to share the classroom with Swedish and international students.

** These are Direct Enrollment courses at SSE.

Independent Studies

Independent studies can be arranged only for full year students in their spring semester. All independent studies must be approved by the relevant department chairperson at your own institution and by our Executive Director prior to arrival in Stockholm. The approval process involves completing an independent study proposal form. Examples of independent study topics include econometrics, statistics, mathematics, philosophy, and environmental studies.

Spring Semester, 2025

January 12–May 5

Economics:

Environmental Economics
The Economics of European Integration
Data Analytics
Using Data to Solve Economic and Social Problems**
Behavioral Finance**

Public Policy, Sociology, and Political Science:

Comparative Public Policy: Sweden and the EU*
Health Care in Sweden and the U.S.
Migration Policy and Politics*
Social Innovation for Global Challenges**

Psychology:

The Psychology of Prejudice:
A Social and Cognitive Perspective
The Psychology of Work*

Humanities:

History of Modern Scandinavian Art and Architecture*
Swedish Language (1, 2, or Advanced)
Swedish Crime Fiction

Course Descriptions

Orientation: Language Study and Introduction to Swedish Society and Culture

Instructors, Program Faculty & Staff

This one week period will involve daily language instruction and informal discussions on Swedish society and culture. The emphasis will be on confronting the reality of “culture shock.” Orientation also includes planned social activities with Program faculty, administrators, host families, and contact families. Orientation ends with a weekend boat trip to the island of Sandhamn in the Stockholm Archipelgo.

Swedish Language 1

Instructor, Erik Cardelus

Study of grammatical structure, vocabulary, and syntax. Special emphasis will be placed on the development of conversational skills.

Swedish Language 2 or Advanced

Instructor, Erik Cardelus

Advanced study of the structure of Swedish language, with emphasis on both conversational and written skills.

Environmental Economics

Instructor, Pamela Campa & guest lecturer Elena Paltseva

This course studies the multiple links between the economy and the environment, and analyzes theoretically and empirically the set of policy instruments normally used to address modern environmental problems. It also considers environmental policy through a political economy lens, namely it analyzes political and societal factors that affect what policy instruments governments tend to choose. Typical questions that will be answered are: What are the most pressing environmental problems? How and why does economic activity create these problems? What are the policy instruments that governments and other relevant decision makers can use to protect the environment? What are the economics costs of environmental regulation and is there a case for a “double dividend” from environmental policy? How do we determine the optimal level of environmental protection at the societal level? What are the economic effects of climate change and why does it prove particularly difficult to pass and implement climate policies? Prerequisites: two courses in microeconomics, two courses in macroeconomics, and one course in calculus. This 300-level course is typically given credit by Economics Departments.

History of Modern Scandinavian Art and Architecture

Instructor, Peder Fallenius

This course is an examination of the cultural history of modern Scandinavia with a unique focus on art and architecture. We will look at how cultural forces, such as religion, geography, and views of community and nature have shaped the ways in which Swedes have created urban space and other images of their society, i.e., art. The class will incorporate visits to Stockholm’s well-known museums into the structure and methodology of the course. This course is typically given credit by Art History Departments.

Nationalism and Populism: An International Perspective

Instructor, Jonas Brodin

The past few years have seen a powerful resurgence of both nationalism and populism. The goal of this course is to understand why that resurgence is happening and what it means for the future of democratic politics. The course will trace the historical origins and theoretical underpinnings of both nationalism and populism, as well as looking at recent examples of what can happen at the intersection of populist politics and ethnic nationalism—e.g., Yugoslavia and Rwanda—before moving on to examining the current wave of nationalist populism across the globe, from Brexit and the 2016 election in the U.S. to the rise of nationalist populist leaders in countries as diverse as Hungary, India, the Philippines, and Brazil. Because the recent resurgence of nationalism and populism is almost exclusively a right-wing phenomenon, the course will give particular focus to the rise of the radical right, but will also look at contemporary left-wing populism as well as past left-wing populist movements to help shed light on the present. The course takes an explicitly multidisciplinary approach, using economic, cultural, historical, and political perspectives to explain the nationalism and populist comeback—investigating, among other things, the role of social media, the global rise in economic inequality and its underlying causes, and the slow-motion collapse of the postwar system of international governing institutions. Nationalism and populism are not new phenomena, and this course aims to help students situate them in a larger context in order to better understand their current resurgence. This course is typically given credit by International Relations, Political Science, and History Departments.

The Psychology of Work

Instructor, Marta Roczniowska

During this course, we will examine selected topics in health and social psychology with a main focus on work and organizational psychology. In our discussions, we will be moving from a person-oriented to an organization-oriented perspective. The course consists of two modules:

1. *A person and a situation:* work environment, stress, burnout, motivation and goals of an individual, and how are these influenced by the work environment.
2. *A team and an organization:* leadership, teamwork, climate, culture, organizational processes, and how to initiate a change.

The goal of this course is to examine and reflect on questions about human behavior at work. You will become familiar with current research findings in organizational psychology, and based on this knowledge, you will be asked to form your own evidence based arguments and recommendations for solving real-life problems at the workplace. We will also examine relevant case studies in the field of work and organizational psychology. Prerequisite: one course in psychology. This course is typically given credit by Psychology Departments.

“The Swedish Program gave me the most immersive experience I could’ve possibly received during my time abroad. Not only was I surrounded by incredible peers from the US, but The Swedish Program allowed me to form wonderful friendships with my Swedish classmates and contact family.

This was a time that shaped my life in incredible ways and I can attribute so much of that to the care and thought The Swedish Program puts into our abroad experiences.”

—Sarah Ganz, Kenyon College

Swedish Crime Fiction

Instructor, Tim Berndtsson

The purpose of the course is to provide students with a basic knowledge of the tradition of Swedish crime fiction, and to stimulate interest and critical reflection on this subject. A selection of acclaimed Swedish crime novels is the main material of the course, but the students will also get acquainted with famous film adaptations in the genre, as well as critical analyses of important works and discussions of the genre in the book market.

The course takes its starting point in the influential author-duo of Maj Sjöwall & Per Wahlöö, creators of emblematic character Martin Beck. The works of Sjöwall & Wahlöö can be seen as the incitement to the way many Swedish authors use crime fiction as a genre where societal problems and political issues can be highlighted. The genre of Swedish crime fiction will be discussed from several points of view, but special attention will be directed towards the relationships of literature to society (e.g. issues concerning class, gender, and how Sweden as a nation is (re)presented in these texts). This course is typically given credit by English and Comparative Literature Departments.

The Social Psychology of Health and Well-Being

Instructor, Miriam Zehnter

Psychological well-being among undergraduate students is a growing research topic among scientific psychologists. Stress and anxiety about friendship, love, financial security, pandemics, and the future of the planet occupy the minds of many university students (and others). Such is the focus of this course.

We will examine the research in social psychology which analyzes current societal conditions in many western societies which are creating an increase in stress and anxiety among young people. In addition, we will examine psychological coping strategies and address the research on what makes most people content or happy, and thus, promotes mental health and general well-being. Health and wellness issues will be examined in relation to different gender and ethnic identities, as well as in the context of cultural notions of success and failure, in school, work, leisure, and in personal relationships. Attention will also be given to how the use of social media—from Instagram to dating apps—among young people can psychologically affect one's sense of personal identity. Our comparative lens will be on the empirical research in social psychology which examines the mental health and well-being among college-aged populations in the U.S. and Sweden, underscoring both differences and similarities in mental health indicators. Prerequisite: one course in psychology. This course is typically given credit by Psychology Departments.

Behavioral Finance

Instructor, Marieke Bos

This is a SSE Direct Enrollment course.

The field of Behavioral Finance deals with how psychological factors influence consumers' decision making and its implications for financial markets. The goal of the course is to provide students with sufficient understanding of both optimal and actual decision making by individuals and how this impacts markets. We will analyze predictable decision errors, and discover where we are most susceptible to them. Students will examine a case study and use interactive games to enhance interactive learning. Prerequisites: two courses in both macroeconomics and microeconomic, and one course in statistics. Enrollment Limit: limited to the first five Swedish Program students who register. Interested students are encouraged to apply early. This 300-level course is typically given credit by Economics Departments.

Migration Policy and Politics

Instructor, Jonas Brodin

People move from one place to another—and always have. Migration might be voluntary and economic—in search of a better life—or forced and political—simply to save one's life. Whatever the nature of the migration, it always has consequences that go far beyond the simple increases and decreases in population—for example, the current migrant crisis in Europe has strengthened far-right populism and isolationism, seen most dramatically in Britain's decision to withdraw from the EU. It should come as no surprise, then, that migration is perpetually at the center of our political discourse. In this course, we will investigate migration and its consequences from a number of different perspectives. The first section of the course will take a historical perspective, looking at past migration flows and the many ways in which those flows have transformed the places that migrants leave, pass through, and settle in. The next section examines the migrant experience from multiple angles—from how the rhetoric surrounding immigration influences public policy, to the barriers and policies related to the integration of immigrants in different areas—culture, the labor market, and criminal justice. The final section of the course will critically examine current migration debates and case studies. At the end of this section—and the course—students should be able to analyze those debates and case studies and understand the consequences of migration more fully. This course is typically given credit by Sociology and Political Science Departments.



“My semester abroad with The Swedish Program was an opportunity to step out of the Penn bubble and learn in a completely immersive setting. Whether it was finding the best Swedish meatballs in the city, a new place for fika, the best view of the city (and trust me there are lots!), there was always something to learn and someone to do it with. It was refreshing and eye opening to spend 5 months in Stockholm with people from different universities that I can now call life-long friends.”

—Darya Nemati, University of Pennsylvania

Comparative Public Policy: Sweden and the EU

Instructor, Jonas Brodin

During the Cold War, the existence of a trans-Atlantic civilization was more or less given—no one questioned that the countries of Western Europe had more in common with the countries of North America than with their immediate neighbors behind the Iron Curtain. In the past several years, however, there has arisen a small cottage industry devoted to puncturing the post-Marshall Plan consensus. In other words, we are now told that Europe and America not only do not form a common civilization, but that they are fundamentally, irretrievably different.

This course will evaluate these competing claims, investigating the similarities and differences between Europe and America from the perspective of public policy. The course will be divided into three major sections. The first section, This is Europe, is an overview of the European Union and its most important policy areas and challenges. The second section, Farewell to the Welfare State?, is an overview of the past, present, and future of the European-style strong welfare state, with a focus on developments in Sweden. The final section, Multiculturalism and its Discontents, is a discussion of Europe's, and in particular Sweden's, perhaps greatest challenge: how to deal with a rapidly diversifying population and the resulting conflict between competing sets of values. This course is typically given credit by Sociology, Political Science, and History Departments.

Sustainability Challenges: Business in Society

Instructors, Örjan Sjöberg & Susanne Sweet

This is a SSE Direct Enrollment course.

Sustainable development, as set out by the UN's Sustainable Development Goals, broadened the understanding of companies' roles and social responsibilities. The role of business in society will be examined focusing on the interdependence between policy makers, civil society, and business. Meeting the UN's Sustainable Developmental Goals requires understanding the intersection of environmental sustainability, social sustainability, and economic sustainability. By integrating sustainability into core business strategies, organizations can simultaneously create social and corporate value on a sustainable basis—they can create what has been dubbed “shared value” to business and society. Prerequisite: one course in sociology. Enrollment Limit: limited to the first five Swedish Program students who register. This course is typically given credit by Sociology and Political Science Departments.

The Economics of European Integration

Instructor, Pehr-Johan Norbäck

This course deals with the economics of European integration. After a brief introduction and history of the European Union, we start with the microeconomics of European integration and examine the effects of moving towards a Europe outlined in the Treaty of Rome (1957) with free flow of goods and services, capital and people. We then turn to the macro-economics of European integration and examine benefits and costs of monetary integration and the adoption of the Euro. The course will give you the theoretical tools to understand various policy issues, ranging from the recent Greek crises to the Transatlantic Trade and Investment Partnership (TTIP) currently negotiated by the EU and the US. Prerequisites: two courses in microeconomics, two courses in macroeconomics, and one course in calculus. This 300-level course is typically given credit by Economics Departments.

Sociology of Food in Sweden

Instructor, Nicklas Neuman

What people eat, when they eat, and how they eat reflect the specific history and culture of a society. We will examine how food in Sweden is a reflection or microcosm of the larger culture. The course will examine the ways in which modern and contemporary social, economic, and political changes—in technology, education, family structure, gender roles, public health, environmental protection, and immigration—have led to changes in food culture. Attention will be given to how class, social status, gender, race, and ethnicity affect food consumption, choice, and behavior. Food policy will also be addressed in the context of the development of the Swedish welfare state. Lastly, we will study the current food “revolution” in Nordic countries, highlighted by the recent emergence of internationally acclaimed restaurants in Sweden and Denmark, many of them focused on farm-to-table ingredients. Prerequisite: one course in sociology, anthropology, or public policy. This course is typically given credit by Sociology, Anthropology, and Political Science Departments.

Comparative Public Policy: The Swedish Model in the 21st Century

Instructor, Jonas Brodin

In the middle decades of the 20th century, Sweden was often held up as a positive anomaly, proof that it was possible to have both robust economic growth and a strong welfare state. Today, talk of the Swedish Model has faded, even as Sweden's economy and welfare state have continued to evolve. The question we will investigate in this course is whether the Swedish Model can survive in the 21st century in the face of economic restructuring, welfare state retrenchment, a changing electorate, and pressure from the EU and beyond. This investigation will begin by looking at the historical background that allowed the Swedish Model to emerge, and then proceed to a thorough examination of the rise and fall of that welfare state, and finally analyze the future prospects of the welfare state. Along the way, students will gain familiarity with the structure, mechanics, and major players in the Swedish political system, as well as with how Swedish politics compare to both Sweden's immediate and more distant European neighbors, the role of labor unions and other social movements, Sweden's role in the larger international system, and with the challenges faced by Sweden in a changing world. This course is typically given credit by Sociology, Political Science, and History Departments.

Social Innovation for Global Challenges

Instructor, Sarah Jack

This is a SSE Direct Enrollment course.

Social innovation can offer new and innovative solutions to meeting societal needs. It therefore offers the opportunity to respond to societal challenges and improve well-being and the quality of life for communities and societies across the world. The purpose of this course is to integrate ideas related to social innovation in all sectors of social life to address global challenges. Students will be expected to engage in a project that links social innovation to one or more of the UN's Sustainable Development Goals (SDG's <https://sdgs.un.org/goals>): no poverty; zero hunger; good health and well-being; quality education; gender equality; clean water and sanitation; affordable and clean energy; decent work and economic growth; industry innovation and infrastructure; reduced inequalities; sustainable cities and communities; responsible consumption and production; climate action; life below water; life on land; peace, justice, and strong institutions; and partnerships for the goals. Prerequisite: one course in either political science or sociology. Enrollment Limit: limited to the first eight Swedish Program students who register. This course is typically given credit by Sociology and Political Science Departments.





“The Swedish Program gave me the tools I needed to fully immerse myself in the Swedish culture through an internship, courses at the Stockholm School of Economics, and various cultural activities that I otherwise would have never had access to. Having done two different study abroad programs, I can say with confidence that the Swedish Program is unique and will give you the support you need to have an incredible semester in Stockholm.”

—Rachel Dawson, Hamilton College

Health Care in Sweden and the U.S.

Instructor, Jonas Brodin

Health care systems are embedded in economic, political, and social structures and reflect a country's cultural values. This class will look at the historical development of health care systems in Sweden and the U.S., medical education, and the type of institutional settings in which health care is provided. We will also look at the role of the health care consumer in each country and how factors such as race, class, and gender impact citizens' access to and experience in the health care system. This course is typically given credit by Sociology and Political Science Departments.

Using Data to Solve Economic and Social Problems

Instructor, Robert Östling

This is a SSE Direct Enrollment course.

In order to tackle economic and social challenges, we need to understand how individuals and firms behave and how they respond to policy changes. Economic theory provide ways to think about how agents act. Data allow us to quantify these relationships and test competing hypotheses. This course teaches how economic theory can be used to deepen our understanding economic and social problems, and how data can be used to test the predictions derived from theory. The core part of the course covers the most common methods economists use in empirical research, with a particular focus on causal inference. The empirical methods will be organized around a number of economic and social problems. For each problem, the basic theoretical apparatus required to form testable hypotheses are introduced followed by the econometric techniques used to test the hypotheses. Seminars will focus on applying the theory and econometric techniques using real data. Prerequisites: one course in microeconomics, one course in statistics, working knowledge of the basics of econometrics, working knowledge of the statistical software R, and a GPA of at least 3.3 in prior economics courses. Students lacking one of these prerequisites in economics may be able to enroll with permission from the Executive Director. We recognize that courses at your home institution may be organized and titled differently but cover the same content suggested by our prerequisites. If you need help determining whether your prior coursework fulfills our prerequisites, please contact us at info@swedishprogram.org. Enrollment Limit: limited to the first five Swedish Program students who register. Interested students are encouraged to apply early. This 300-level course is typically given credit by Economics Departments.

The Psychology of Prejudice: A Social and Cognitive Perspective

Instructor, Marta Zakrzewska

The nature of prejudice has been a topic of study in psychology, sociology, anthropology and other sciences for over a century. The understanding of prejudice has changed drastically. It was first considered an unnatural anomaly and pathology, a form of 'social cancer.' It is now thought to arise from processes as common and normal as the general human tendency to categorize and simplify in an attempt to make sense of experiences and observations. In this course, we will look at prejudice, its origins and consequences (discrimination), focusing on the empirical research in cognitive and evolutionary psychology, as well as on the social mechanisms that contribute to bias against others. At the end of the course, students should have a deeper understanding of how prejudice is born and promoted at both the individual (micro) level and at the (macro) level of societies and organizations. The course will also address current research on the topic of prejudice prevention. Prerequisite: one course in psychology. This course is typically given credit by Psychology Departments.

Finance II

Instructor, Marcus Opp

This is a SSE Direct Enrollment course.

This course aims at providing a basic understanding of financial economics with emphasis on investment theory and practice. The goal of this class is to provide you with a structure for thinking about investment theory and show you how to address investment problems in a systematic manner. The topics include optimal portfolio choice, capital asset pricing model, market efficiency, financial derivatives, capital structure & risk management. Please note that, even though this course is entitled as Finance II, the course does not require any prior course work in finance. Prerequisites: two courses in macroeconomics, two courses in microeconomics, one course in statistics, and a GPA of at least 3.3 in prior economics courses. Students lacking one of these prerequisites in economics may be able to enroll with permission from the Executive Director. We recognize that courses at your home institution may be organized and titled differently but cover the same content suggested by our prerequisites. If you need help determining whether your prior coursework fulfills our prerequisites, please contact us at info@swedishprogram.org. Enrollment Limit: limited to the first 10 Swedish Program students who register. Interested students are encouraged to apply early. This 300-level course is typically given credit by Economics Departments.

Data Analytics

Instructor, Rickard Sandberg

In this course, the students will learn the basics of Econometrics (for cross-sectional data) and receive an introduction to Machine Learning (ML). This course also includes further essential mathematical methods that are used in economic and financial analysis. The importance of data science to businesses and economic analysis is discussed. Guest lectures will include relevant professionals from the Swedish industry. The course covers important econometric concepts such as: random sample, central limit theorem, estimation, inference (hypothesis testing), regression models, causality, randomized experiments, as well as the ML concepts: supervised learning (prediction and classification), unsupervised learning (clustering). This course also introduces some mathematics: integration, topics in financial mathematics, and matrices. In this course, the program R is used to facilitate the learning of Econometrics and ML. The students will use different R-packages for the analysis of regression models, causality, randomized experiments, prediction, classification, clustering, etc., and students will also learn how data and results can be visualized. Prerequisites: one course in both macroeconomics and microeconomics, one course in calculus, one course in statistics, and working knowledge of the statistical software R. Students lacking one of these prerequisites in economics may be able to enroll with permission from the Executive Director. We recognize that courses at your home institution may be organized and titled differently but cover the same content suggested by our prerequisites. If you need help determining whether your prior coursework fulfills our prerequisites, please contact us at info@swedishprogram.org. Enrollment Limit: limited to the first ten Swedish Program students who register. Interested students are encouraged to apply early. This 300-level course is typically given credit by Economics Departments.

The Social Spaces of Injustice

Instructor, Jonas Brodin

Please refer to our website (www.swedishprogram.org/courses-2) for the course description.

Academic and Cultural Integration at SSE

Your Competitive Advantage: Stockholm School of Economics

You worked hard to gain admission at a great college or university, and choosing a study abroad program with international prestige can also boost your chances of success after graduation. The Swedish Program's affiliation with the Stockholm School of Economics (SSE), one of Europe's most highly recognized universities, will make you stand out when you become a candidate for graduate studies or when you begin your job search. A Swedish Program alum recently reported that the first question at her first job interview was, "What was it like to study at SSE?"

SSE is a small and selective institution enrolling approximately 2,000 students in various undergraduate and graduate programs. The most well-known international corporations,



While SSE sits on an urban campus, students take advantage of the surrounding green space.



investment and consulting firms, and non-profit organizations visit SSE every semester to recruit students, so you'll have ample opportunity to build your professional network while you're abroad.

Direct Enrollment Courses

In addition to the Swedish Program's own liberal arts courses, students can enroll directly in select courses at SSE. Direct enrollment courses allow you to share the classroom with Swedish and international students and experience the Swedish academic system firsthand. SSE students can also enroll in a growing number of Swedish Program courses.

The Student Association at SSE

Our students have access to the variety of social, academic, sporting, and professional events arranged by the Student Association at SSE. For example, Swedish Program students have recently joined SSE students to visit consulting firms and study finance in London, while others traveled to Barcelona for a basketball tournament. The Student Association is one of the most active of its kind in Europe and offers daily opportunities for social integration. As members, Swedish Program students even have the chance to enter a student lottery to win a spot at the lavish Nobel Prize banquet that follows the annual ceremony each December!

Opportunities for integration are embedded throughout every aspect of our program, from academics to student life to housing.

Academics in Focus

Faculty

Our faculty are either instructors at local universities or research associates at local research institutes. All faculty members are either Swedish citizens or residents.

Language

Courses are taught in English and do not require any prior background in the Swedish language. While we do not require students to take a Swedish language course while on the Program, we do strongly recommend it. Studying Swedish while living in Stockholm will help students to better understand their everyday cultural experiences. Our introductory Swedish language course focuses on practical conversational skills necessary to understand everyday life, from food to every aspect of popular culture. Advanced instruction is available for students with prior knowledge of Swedish.

The Swedish Program's curriculum is distinguished by its interdisciplinary nature, high academic standards, comparative European perspective, and commitment to an innovative pedagogical style.

Academic Standards

The Swedish Program's high academic standards are in accordance with the traditions established by all participating American colleges and universities. We believe that a commitment to learning in the classroom leads to a more rewarding intercultural experience. The more our students learn about Sweden—its language, history, politics, and culture—the more likely they will be to assimilate culturally.

Study Visits

Each semester our instructors organize study visits to political organizations, research institutes, corporations, and museums. These visits, which complement classroom instruction, promote active learning through direct observation and discussion with Swedish professionals. Study visits vary from semester to semester. Past visits have included the Swedish Parliament, local companies, Stockholm Public Schools, and the many art museums in Stockholm.

Credits and Transcripts

The Swedish Program will issue a Statement of Grades for each student, specifying the grade for each course and four semester hours of credit for the completion of each course. Colby College is the School of Record for The Swedish Program. Most schools accept our Statement of Grades. Upon request, Colby will issue an official transcript specifying the grade for each course and four semester hours of credit for the successful completion of each course. There is a charge of \$150.00 for the issuance of a transcript. Upon acceptance to the Program, we will ask you to fill out a form indicating whether your home institution requires an official transcript.



Internships

Local internships give students an opportunity to better understand Swedish professional culture while building their networks and resumes. We offer five excellent internship opportunities every semester, as well as additional internships when available. Students can submit their internship request upon registration. Such requests should include your resume and a brief statement of interest for the desired internship. Internships are unpaid and not for credit.

SS&C Advent (10–15 hours per week)



In this internship, you'll assist the Advent University team to review, edit, and create content for the training courses and material while learning about Advent's financial technology products and how they are used to comply with market demands. This placement is limited to one student per semester.

The Royal Swedish Academy of Engineering Sciences (IVA) (8–12 hours per week)



Join the International Affairs team at the Royal Swedish Academy of Engineering Sciences, which aims to advance Sweden's internationalization and competitiveness within science, technology, and innovation. This placement is limited to one student per semester.

Research Institute of Industrial Economics

(3–6 hours per week)



This internship gives students the opportunity to assist with research at the prestigious Research Institute of Industrial Economics. Students applying for this internship are required to enroll in The Economics of European Integration course. This placement is limited to two students per semester.

Stockholm Public Schools (4–6 hours per week)



This internship places students at Norra Real Gymnasium, a beautiful high school a few blocks from SSE. Students learn about the public education system firsthand by assisting instructors and interacting with local high school students. This placement is limited to six students per semester.

Digital Editor at The Swedish Program

(2–4 hours per week)

THE SWEDISH PROGRAM

Liberal Arts / Stockholm School of Economics

As a Digital Editor at The Swedish Program, students create written, photo, and video content for our blog and social media profiles. This position is best suited to a creative student with an interest in marketing and design/visual arts. This placement is limited to two students per semester.

Our internship opportunities often change and expand. Please check out the latest on our internships at <https://swedishprogram.org/internships/>

“I really, really enjoyed my semester with The Swedish Program. The programming, from Sandhamn to the Arctic Circle, the kindness and helpfulness of administrators, the accommodations, and the opportunity to study in such a beautiful city at such a great school were just some of the highlights that made my semester so great.”

—Matthew Bailey, Brown University

Top Ten Reasons To Apply

According to Former Students

1 Best of Both Worlds

The Program is small allowing for personal attention and support, but its affiliation with SSE provides all the opportunities provided by a larger international university.

2 The Academic and Social Integration with the Stockholm School of Economics

We have the opportunity to take courses with SSE students and participate fully in the various social activities sponsored by SSE.

3 Staff is Awesome

The staff is great, so friendly and outgoing. You really get the chance to know them because they go out of their way to help and support us.

4 Courses/Faculty

Interesting courses that are interactive and challenging with engaging teachers.

5 Housing is Amazing

Have the opportunity to have your own single studio apartment or live with fantastic host families. You can also have a contact family if you live in a studio.

6 Stockholm—The Hidden Gem of Europe

The city has so much to offer—it's progressive, beautiful, fun, and a hub for innovation and entrepreneurship. There's an incredible public transportation system and a great music scene, too.

7 Unique Swedish Excursions

We traveled to Gotland and the Arctic Circle—parts of Sweden we wouldn't have experienced on our own.

8 Student Activities

The Program organized so much for us. We traveled to an island in the Baltic Sea, went to a soccer match, visited museums, saw an opera and even had a local pub tour. SASSE offered activities throughout the semester like ski trips, parties, a career fair, interesting speakers, and banquets.

9 Time for Independent Travel

A two week vacation allows us to travel on our own.

10 The Swedes

Swedes are very welcoming, friendly, and like to speak English.



Watch our 'Top Reasons to Apply Video' here!



Housing: Live Like a Local

We see housing as an important opportunity for cultural integration. That's why we offer students the choice of two immersive housing options: fully furnished single studio apartments or carefully selected host families.

Studio Apartments

Our single studio apartments are all in the same building, allowing you to live with both other Program students, as well as with international students from SSE. This option provides you with your own personal space, but at the same time, close interaction with other students. Our studio apartments are fully furnished and are located about 25 minutes from SSE.



Marina Stam, Bowdoin College, with her host family

Students living in our single studio apartments have the option of being assigned a local “contact family” with whom they meet throughout the semester. We match one to two students with each contact family. Upon acceptance to The Swedish Program, we will provide more detailed information.

Host Families

Living with a host family gives students the opportunity for daily immersion in Swedish family life. Most Swedish Program students who have lived with a family report that their family stay was the best part of their time in Stockholm! Our criterion for selecting host families is simple but demanding: the family must be motivated solely by their interest in a rewarding intercultural experience. Our students are treated as family members, not as boarders, and we expect both students and families to make an active commitment to openness, flexibility, and cultural sensitivity.

Students who elect to live with a host family will have their own furnished bedroom. Host family homes are located no longer than 60 minutes by public transportation to SSE (under normal weather conditions). However, most of our students living with host families have a commute between 40 and 50 minutes. We limit host family placements to 8 students per semester. Consequently, students who prefer a host family should apply early, as we have a rolling admissions process. Moreover, students who elect to live with a host family are required to have a brief Skype interview with our staff in Stockholm to better help us find a family placement.

Student Life

Stockholm has more restaurants, museums, and parks per capita than any city in the world. Put simply, there is always something to do! Life is never boring with Stockholm's vibrant music scene, films and live theater in English, sporting events like world class hockey and soccer matches, fun pubs and dance clubs, art festivals, food fairs, dance exhibitions, and more. Students who like outdoor activities will appreciate the endless opportunities for hiking day-trips and weekend ski trips, while history buffs can explore Stockholm's numerous museums and castles.

During orientation, students receive a Student Guide full of suggestions for social, cultural, and professional events in Stockholm. Our Program Coordinator also arranges activities, such as museum and pub tours, a visit to the Royal Swedish Opera, and Swedish holiday celebrations.

We know that our students want to meet Swedes, and the best way to meet locals is to join something—a team, club, or any kind of group activity in which you have an interest. Our students are members of the Student Association at SSE which provides them opportunities to join dozens of interest-based clubs—from photography, sports, and finance, to trips to London visiting



consulting firms, and to Barcelona for a European competition in a variety of sports. For a full list of activities, see www.swedishprogram.org. The Student Association also arranges lectures, banquets, fundraisers, and other social events, and even runs a pub in the basement at SSE!

The Student Association also sponsors numerous career fairs attended by international corporations each semester. Former Program students have made contacts at these events which have led to summer internships in the U.S.



Life In Stockholm

Stockholm—The Hidden Gem of Europe

Stockholm is simply beautiful. Built across 14 islands, Stockholm is the capital of Sweden and the fastest growing city in Europe. From the charming cobblestoned streets of “Old Town” to the city’s modern business districts, Stockholm manages to temper the pulse of a large urban city with the charm of a smaller community. The city planning reflects the Swedish love of nature and commitment to sustainable growth. A ten-minute walk through downtown Stockholm can take you from a crowded café to the shoreline of the Baltic Sea. Our premises at SSE are located in the heart of the city close to cafés, restaurants, museums, concert halls, shopping, and all forms of public transportation.

Discover why scholars and students come from around the world to study in Sweden.

“Getting to call Stockholm home for four months was a once in a lifetime experience that I would recommend to anyone. From the people to the fashion to the architecture, it’s the coolest place I could ever have studied abroad in.”

—Amy Beihl, Colgate University



Home to about 1.5 million people, Stockholm is not only an exciting place to live, but also a relatively safe and clean city. Crime rates are among the lowest in the world while the standard of living is among the highest. Public transportation is efficient, safe, and inexpensive.



♡ 💬 🚩 📌
carringtonwalsh.harvardcollege WOW WOW WOW
where did this semester go???? Biggest move I've made
in my college career = studying abroad. I'm gonna MISS
Stockholm so much. Now I just gotta find a Swedish cafe
in Boston I guess?

“My semester with The Swedish Program was one filled with learning and adventures in one of the world’s most incredible countries. I took courses with small class sizes and engaging teachers that directly benefited me as I navigated my new life in Sweden.”

—Nick Vasiliu, Bowdoin College

The weather is not as cold as most imagine: Stockholm has a relatively mild coastal climate and winter weather is less extreme than in Boston.

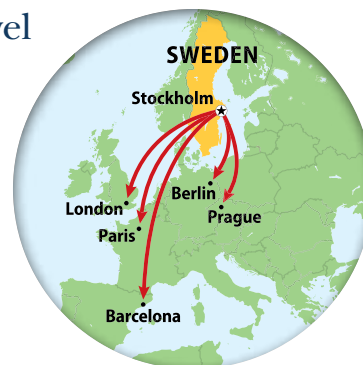
Both sophisticated and stylish, Stockholm is home to some of the best cultural institutions, restaurants, and nightlife spots in the world. Sweden attracts visitors from all over the world to sample its civility, hospitality, diversified cuisine, and quality of everyday life.

In the Classroom

At The Swedish Program, students are challenged to develop an interdisciplinary and critical understanding of how Sweden addresses modern issues relevant to all advanced societies. We aim to promote a comprehensive view of the country’s achievements—including its impressive history of innovative responses to issues such as financial downturns, environmental protection, immigration, health-care, education, and gender equality—as well as its contemporary problems. Sweden’s appeal extends beyond its social and political institutions to its rich traditions in the arts, humanities, and science.

Independent Travel

We recognize that students want to travel while studying abroad. Therefore, we provide two full weeks of vacation time to do so. Students find it easy to travel throughout Europe during this time and appreciate the opportunity to choose for themselves where they want to go! There are quick direct flights from Stockholm to many of Europe’s great cities:



Berlin: 1 hour and 30 minutes

Prague: 2 hours

London: 2 hours and 15 minutes

Paris: 2 hours and 30 minutes

Barcelona: 3 hours and 15 minutes

“You won’t find a more immersive and fulfilling study abroad experience than a semester in Stockholm with The Swedish Program. The Program has the perfect balance between offering interesting and engaging classes and time to explore Stockholm. And there are great opportunities to travel, both on Program organized trips as well as on your own.”

—Ben Morton, Williams College



Group Travel

Unique Cultural Excursions

Each semester we organize an overnight trip to the Stockholm Archipelago and an optional weekend trip to explore Sweden’s rich culture, history, and geography beyond the capital city.

The Stockholm Archipelago

We end our orientation week with a boat trip to the island of Sandhamn in the Stockholm Archipelago. The Archipelago is a collection of thousands of beautiful islands surrounding Stockholm’s eastern coast in the Baltic Sea. This overnight trip gives students a chance to relax and get to know one another before classes begin. The cost of this trip is included in tuition.

Optional Fall Excursion: The Island of Gotland

Located about 56 miles east of mainland Sweden in the Baltic Sea, Gotland is one of the most unique and historically significant islands in the world. The first Stone Age settlers came to Gotland about 7,000 years ago and many traces of their dwellings can still be seen, including unique limestone picture stones covered with mythological scenes of ships and warriors. On this trip, we’ll stay within the 13th-century walls of the city of Visby, a UNESCO world heritage site and arguably the best-preserved medieval city in Scandinavia. We’ll explore the island with activities such as a tour of the Fornsalen Viking Museum, guided walks through medieval churches and burial grounds, a tour of local microbrewery Gotlands Bryggeri, a picnic among ancient stone formations, a visit to the cliffs and sandy beaches of the Gotland countryside, and more.

The cost for this trip is \$600 and includes transportation, accommodation, meals and activities. Students who receive financial aid from their home schools should inquire if their aid can be applied to this optional trip. Please inform us whether your aid can or cannot be applied. You will receive additional information about this trip upon acceptance. We hope you will join this Viking adventure on the island of Gotland!

Optional Spring Excursion: The Arctic Circle

Sweden is the land of the midnight sun in the summer, but winter in the Arctic is breathtaking. The landscape is strikingly beautiful, from its sparkling frozen lakes to the snowy mountains where reindeer are herded by the indigenous Sámi people. During clear, cloudless nights, you might see the majestic Northern Lights streak across the sky. On this trip, we’ll stay in a village in Swedish Lapland and enjoy activities such as dog sledding, snowshoeing, a visit to a traditional Sámi village, a tour of the world-famous Ice Hotel in Jukkasjärvi, and more.

The cost for this trip is \$675 and includes transportation, accommodation, meals and activities. Students who receive financial aid from their home schools should inquire if their aid can be applied to this optional trip. Please inform us whether your aid can or cannot be applied. You will receive additional information about this trip upon acceptance. We hope you will join this once-in-a-lifetime experience in northern Sweden!

The Archipelago



The Stockholm Archipelago extends from Stockholm roughly 40 miles east to the Baltic Sea. It consists of approximately 24,000 islands.



The Island Of Gotland

The Arctic Circle



Dog sledding is one of many student activities on our trip to the Arctic Circle.

Gotland is located approximately 120 miles south of Stockholm. Roughly the size of Rhode Island, it is the largest island in the Baltic Sea. The island’s largest city, Visby (pictured left), is arguably the best-preserved medieval city in Scandinavia.

Admissions

Application Procedures

In order to keep class sizes small, enrollment will be limited to 45 students per semester. The Swedish Program is open to all undergraduates of accredited colleges and universities. The curriculum is designed for second-semester sophomores, juniors, and seniors. Students may apply for the full year or for one semester. We have a rolling admissions policy. Therefore, students are encouraged to apply early.

Application Deadlines

Academic Year and Fall Semester: March 1

Spring Semester: October 1

Expenses

The total costs* (tuition, room, and board) for 2024–2025 are as follows:

Full Year: \$69,000

One Semester: \$35,200

Students are responsible for arranging their own flight to and from Stockholm. The cost of a round-trip ticket is approximately \$800.

* Please note that all costs should be considered tentative due to the current instability in currency exchange rates. The Program reserves the right to raise the total costs for the 2024–2025 year before January 1, 2024. Please refer to our website (www.swedishprogram.org) for information regarding final costs.

Included in Tuition, Room, and Board

Apartments:

- Pick up at airport by Program staff
- Fully furnished apartment including fully stocked kitchen
- A Welcome Kit in the apartment including breakfast food, coffee, tea, and chocolate
- Towels, sheets, duvet, pillow, and hairdryer
- Insurance covering apartments and personal belongings
- Laundry facilities in the building or complex (free of charge)
- The option to have a Contact Family
- Books
- 24/7 emergency support

Host Families:

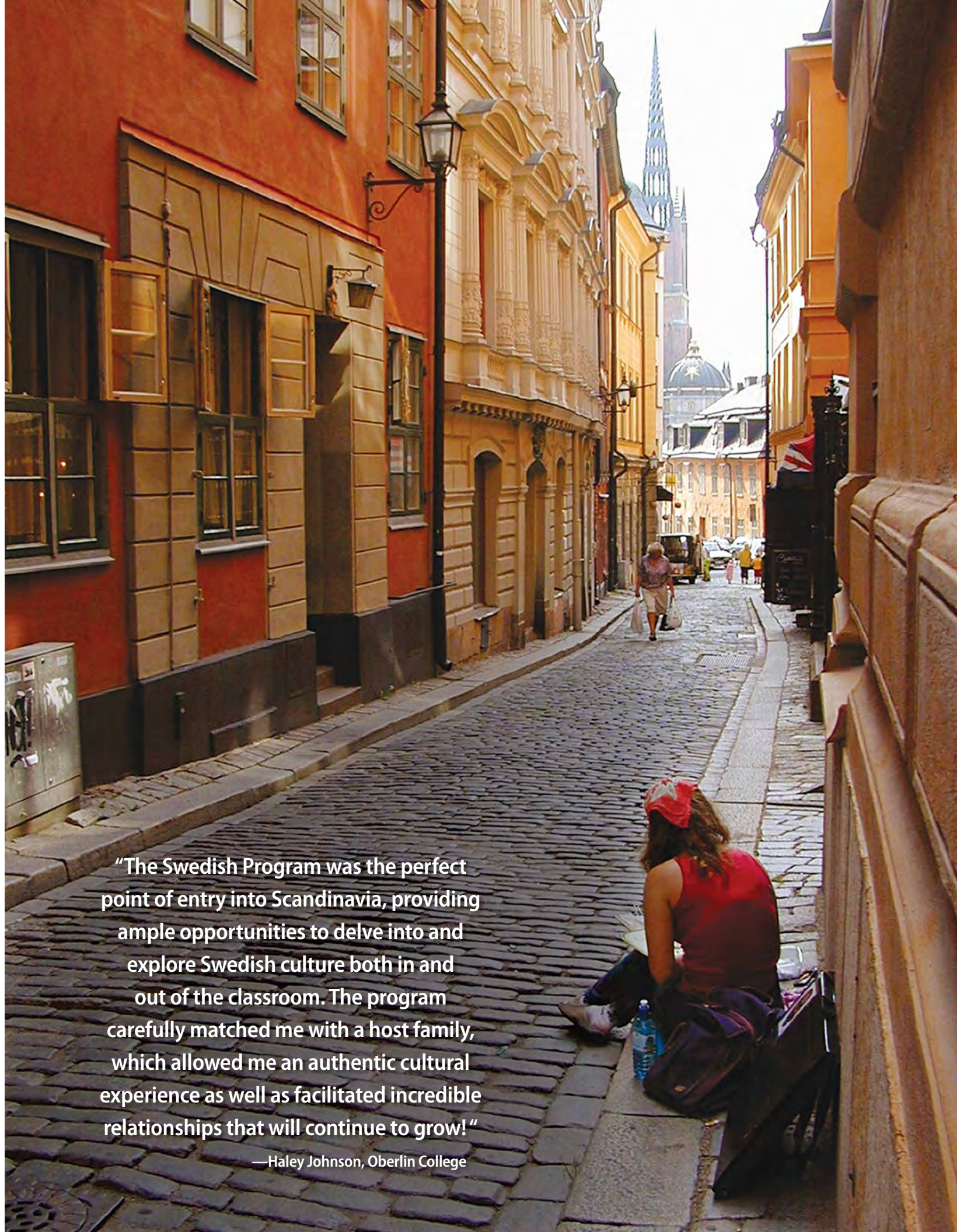
- Pick up at airport by Program staff or your Host Family
- A family home or flat located within Stockholm or suburbs
- A furnished, private room
- Insurance for your personal belongings
- Invaluable experience learning Swedish culture, traditions, daily life
- Food/meals for breakfast, dinner, and weekends
- Books
- 24/7 emergency support

Student Life:

- Orientation Week, which includes an overnight trip to the Stockholm archipelago, city tours, and much more
- Membership in the Student Association at SSE, which provides access to social and academic events, sport clubs, fairs, workshops, and interest-based groups
- Mecenat card: a student ID and key to student discounts
- Group activities such as visiting City Hall, the Royal Opera, museums, and much more
- Support and advice on campus
- Gym membership
- Option to apply to various internships
- Full-time Program Coordinator committed to enhancing student life
- Health Insurance

Academics:

- Academic counseling and support
- Study trips relevant to each course
- Study areas in the atrium at SSE
- Printing available in our classroom



“The Swedish Program was the perfect point of entry into Scandinavia, providing ample opportunities to delve into and explore Swedish culture both in and out of the classroom. The program carefully matched me with a host family, which allowed me an authentic cultural experience as well as facilitated incredible relationships that will continue to grow!”

—Haley Johnson, Oberlin College

“My time with The Swedish Program has shaped me, and continues to shape me, in ways I had never expected. I fell in love with Stockholm and the life I led there. The city and the wonderful people I met there holds a very special place in my heart.”

—Shelby Holmes, Davidson College

Contact Us

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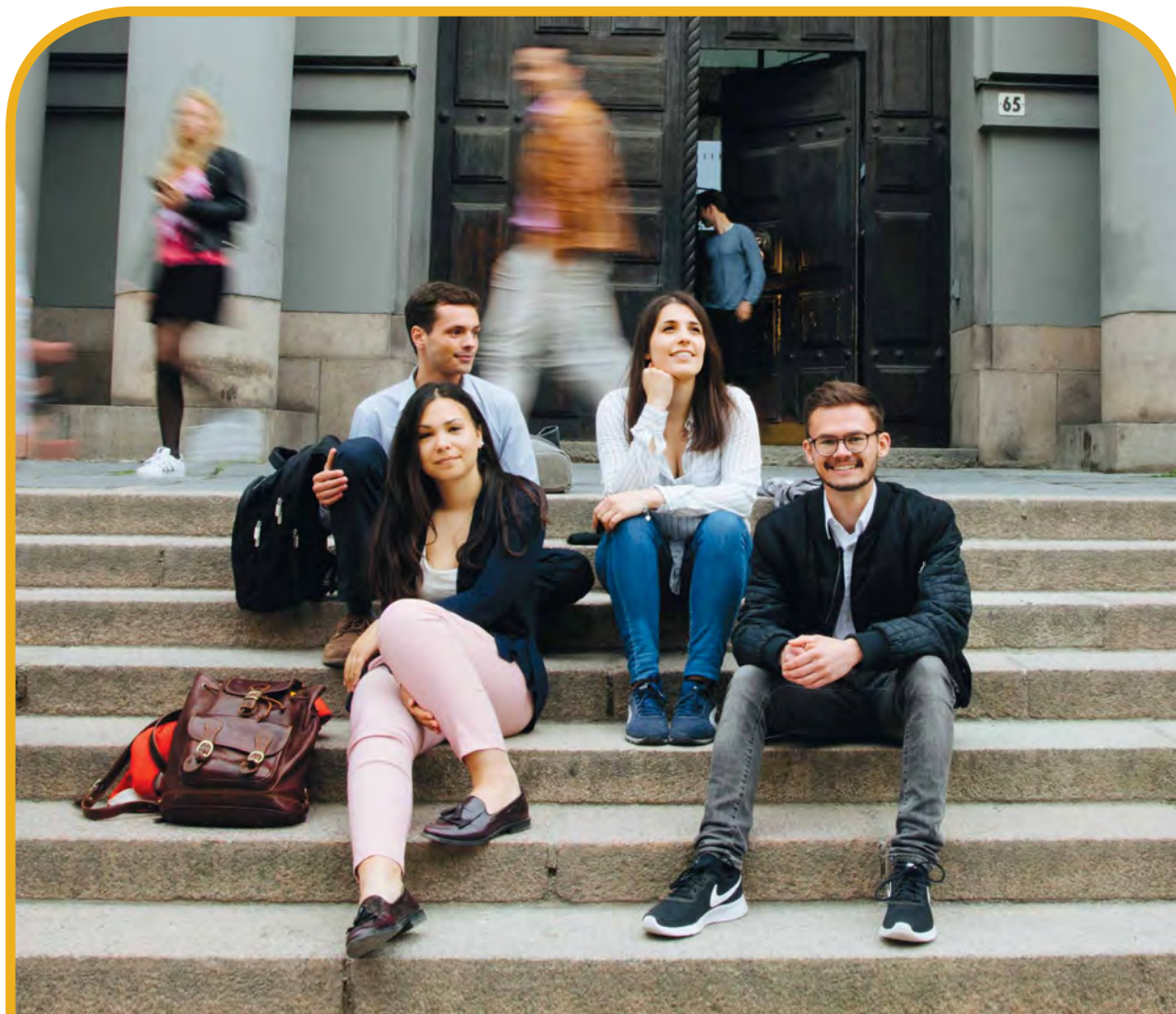
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